



## **Act on Alzheimer's Sibley County**

**Increases local support for people with memory loss & strengthens the ability of communities, businesses, and families to support the estimated one in nine Sibley County residents age 65 and over living with Alzheimer's Disease or dementia. That equates to 275 residents of Sibley County living with Alzheimer's or dementia.**

### **Sibley County's ACT on Alzheimer's Background:**

In 2016, Sibley County began implementing the ACT on Alzheimer's® Community Education Tool Kit. (ACT on Alzheimer's® is a statewide, volunteer-driven collaboration preparing Minnesota for the personal, social, and budgetary impacts of Alzheimer's disease.)

### **The general aim is to develop dementia friendly, dementia capable communities.**

This will not duplicate what others already do. ACT will fill gaps by: expanding supports, coordinating efforts with partners, developing new partners, and linking people to information and resources.

**Sibley County's Grant Partners:** Minnesota River Area Agency on Aging; Alzheimer's Association of MN & ND; ACT on Alzheimer's®.

### **Get involved!**

#### **Initial Meetings –**

**November 28, 6:00 pm at The Lodge in Winthrop**

**November 29, 6:00 pm at Oak Terrace in Gaylord**

**November 30, 6:00 pm at Good Sam in Arlington**

Attend a community educational event, request to have an educational presentation for your group, meet about local caregiving resources, etc.

For more information and / or to express interest in joining Sibley County's efforts to help support this important work:

### **Contact Information:**

**Sibley County ACT on Alzheimer's Group**

**Amy Newsom, Project Coordinator**

Phone: 507-720-8586

[newsom.amy@gmail.com](mailto:newsom.amy@gmail.com)

*This document was supported by a grant from the Metropolitan Area Agency on Aging/ACT on Alzheimer's (10/2016)*